

Simpson

Spirits

Finding the

reactive Factors Within

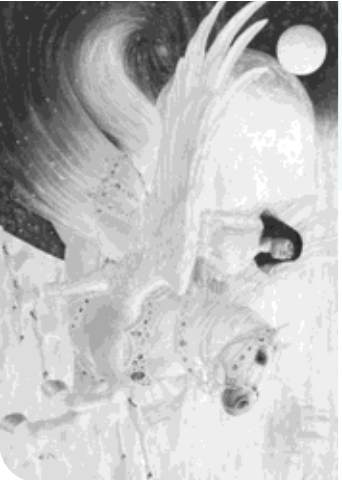
by Maggie Wilde



In this issue of Triumphant Spirits we feature an inspirational Gold Coast artist who, on the way to finding her truth, found her creativity, her emotional and physical health and perhaps even her purpose. Her journey is an inspirational example of the commitment it takes to answer that eternal question, "Who Am I and what am I capable of on this journey called life?"

Elizabeth Kyle is an internationally renowned inspirational artist. She dared to dream a dream, make it happen and then share it with the world. She has come through a near death experience, overcome emotional and physical tragedy and is here to share her magical gifts with the world!

Many years ago Elizabeth Kyle's lecturers at university wanted to know why she bothered with her Fine Arts Degree at all. "You have a gift Elizabeth, we can't teach you to paint, in fact you should be teaching us," they said.



A Gift From Athena' by Elizabeth Kyle

Of course they were right. For the past 32 years Elizabeth Kyle has touched the hearts of people all over the world with her magical paintings and her mystical persona. She has won numerous awards, had countless exhibitions both here and overseas, operated her own art galleries and has her work featured on numerous book covers for international best selling authors. To top it off Elizabeth is also now the prized artist for Doreen Virtue's new *Goddess Guidance Oracle Cards* and will also have work in Doreen's new Unicorn deck out in April/May this year.

"Whew Elizabeth! How does that make you feel?" I asked.

Smiling a humble smile Elizabeth responded "My art is being seen in bookshops all over the world for the first time. It's even in other languages, I find that incredibly exciting. I am living my purpose."

Broaching the subject of Elizabeth's near death experience I hoped she could shed a little 'light' on the impact it had had on her life. "Over a period of several years my health gradually deteriorated. I was in an extremely unhealthy relationship and I gave and gave of myself until there was nothing left. No matter how much I loved I didn't realise I was being

hated in return. I was essentially giving away my life force and I couldn't see what was happening to me. I became very ill and weighed a little over six stone" she said.

Standing at approximately 5'6" (165cm) I was shocked to imagine Elizabeth at such a minimal weight. "I was so weak, I couldn't walk," she continued. "In fact everybody thought I was going to die."

Hanging on to life by a thread Elizabeth experienced a life changing moment. "I remember being drawn down a beautiful tunnel of light until I reached huge iron doors. I felt free and ecstatic as I approached," she said.

Obviously the universe had other plans because it was not to be Elizabeth's time. She watched with frustration as the doors closed leaving her with a sense of disappointment and loss. "I was upset for weeks after that because I wanted to go through" laughed Elizabeth. "I had my art which brought me to heaven but the rest of my life was like a kind of hell."

The experience moved Elizabeth to another level. She found the courage to leave the relationship and became focused on a very positive future. "I became unafraid of dying," she said. "I knew I had a purpose for living, my art, an obligation if you like, and I still gladly fulfill it everyday."

Elizabeth firmly believes that there are three phrases to creativity and it's not until you fulfill all three phrases that your life's purpose can be fulfilled. "If you have a creative gift you have a duty of three things," says Elizabeth. "The first phrase is to see the vision, to be inspired.



Calic Madonna' by Elizabeth Kyle. The image that captured the eye of Doreen Virtue will be now seen throughout the world.



Elizabeth with Sir Don, the inspiration for 'A Gift From Athena'

The second phase is to make it real by writing, painting, dancing or whatever your gift is."

The third phase Elizabeth believes is to share your gift with others. Many people however, can lose the courage or commitment to carry out the third phase before it is complete.

To fulfill our purpose Elizabeth is adamant that this last stage is just as important as the first two. "I believe we have a duty to share our gifts of creativity because they belong to everyone, we are simply the channel to bring the energy through and we make the gifts real for others to experience."

Inspired, I asked if she could offer advice to anyone who knew they had a gift but were unsure of how to use that gift and survive financially in the real world.

Elizabeth likened the early stages of creative commitment with being an athlete. "Just like an athlete you have to practice practice practice" she said. "No matter what your gift or dream, it's all about commitment. As long as any paid work you initially do supports you to develop your gift then the financial rewards directly linked to it will come when you are ready."

Some time after her near death experience Elizabeth met and married John Kyle. "He was my beloved, my companion and my teacher," smiled Elizabeth wistfully.

However a long life together was not to be. John developed emphysema early in their marriage and for the next five years Elizabeth nursed this once vibrant and loving man through his journey into the next realm. "Painting helped me rise above the tragedy and emotion of those years and release it" she said. "Even today when I start painting again after not painting for some time I spontaneously burst into tears with the first painting. I never know the reason for it. I just cry. It is a huge release of emotion. I used to say to John, 'I don't know what's the matter with me, I can't stop crying' and John would scoff and remind me 'You say that every time you start painting again.'"

John was obviously right because Elizabeth smiles openly. "The release opens and cleanses me so I can go to a space that is so pure. I become like a polished mirror. I never think I have any more feelings to let go, but it still happens every time."

Alongside her work for Doreen Virtue, Elizabeth also runs occasional art classes to inspire budding enthusiasts. "I am an inspirer not a teacher," she says. "People who say they can't draw can draw the most amazing things in just one day when they get into their hearts and open to their creative healer within."

To contact Elizabeth's or to discuss her limited edition artist's copies of her best known paintings you can email: ekyle@optusnet.com.au