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Ponder This...No. 4

A life contemplated is a life worth living. Take a few moments to ruminate, contemplate, speculate or estimate your personal responses to these questions about life, love and the universe! If appropriate, what could you do to change, adapt, grow or evolve any of these if you wanted to?

- **What in life do you *really* care about?**
- **Who do you *really* love?**
- **What do you *really* think of yourself?**
- **What do you like about yourself? Why?**
- **What do you dislike about yourself? Why?**
- **What can you do right now to change what you don't like?**
- **What is your concept of charity?**
- **What things do you do that you consider charitable?**
- **Are you generous and compassionate with others?**
- **What do you love to do in your spare time?**
- **What is your most romantic idea of a date?**
- **What is the biggest lie you have ever told and to whom did you tell it?**
- **Did you ever tell them the truth later? Could you now?**