



Today's Gift of Happiness from  
Wildly Happy World  
[www.wildlyhappy.com](http://www.wildlyhappy.com)

**Make a list today of all the friends, family, animals, children, gods/goddesses, angels and lovers, teachers and inspirational mentors that you love or have loved...**

**Now make a list of all the friends, family, animals, children, gods/goddesses, angels and lovers, teachers and inspirational mentors that love or have loved you!**

**Phew...take your time kiddo...  
It's gonna take awhile!**

*Now just let yourself think about each of those people...and feel the love!  
Melt in the warmth and the happiness of it all!*

***Be Wildly Happy®***

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[www.wildlyhappy.com](http://www.wildlyhappy.com)