



*Today's Gift of Happiness*

Next time you take a break...  
...find a mirror and search for Joy!

**Smile!**

You're not on candid camera...  
Joy's there somewhere! Look into those eyes.  
Find that passion within you! Need help...?

Remember the last time you felt Joy and *decide*  
right now to *feel* joy again!

To *do* joy!

To *be* joy in every moment!

It really is that simple!

Don't forget to share...Joy likes to get around!

*For lots of free downloads, ideas, laughter and fun go to:*

[www.wildlyhappy.com](http://www.wildlyhappy.com)

